



## School Wellness Committee Agenda

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**Date:** Tuesday April 18<sup>th</sup>, 2023  
**Time:** 3:15 p.m. – 4:00 p.m.  
**Location:** Central Office Room A/B  
**Attendees:** Jaki Winch, Karen Isaacson, Jackie Schreiber, Nicole Laber, Melanie Hanneman, Stacie Lecker, Stacey Dejarlais, Joanne Greenlee, Shelly Schneider, Amanda Franseen  
**Virtual Attendees:** Kevin Fadrowski, Karen Mengel

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- 1) Welcome
- 2) Water Challenge Results
  - a. 'Rethink Your Drink' through Security Health
    - i. 63% of the participants that registered for the challenge completed it. (39 of the 61 who registered)
    - ii. 5 names from those who completed the challenge were randomly selected to win a \$5 Kwik trip gift card.
    - iii.
  - b. Middle School Water Challenge
    - i. Kevin gave the results. Students did not meet the goal of 80% or more participation. Some recommendations included increasing staff buy in next time and/or making it more of a competition between students/staff. Overall, it brought awareness to healthy drink choices and water facts/ways to increase water consumption.
- 3) April Pet Photo Contest
  - a. Narrow down submissions
    - i. Committee voted on all photos submitted. The top 7 from the 'most unusual' and 'funniest' categories were selected and the top 9 from the 'cutest' category.
  - b. Prepare for district wide final voting
    - i. District wide voting for the winner from each category will run Wednesday April 19<sup>th</sup> – Wednesday April 26<sup>th</sup>.
- 4) End of Year Wellness Promotion
  - a. May PLC
    - i. Committee did not have time to discuss. There will be a May 2<sup>nd</sup> Microsoft Teams meeting to finalize these details.

### **Future Meetings**

Microsoft Teams Virtual Meeting on Tuesday May 2<sup>nd</sup>, 2023